#### **About Us**

The Nurse Herbalist recognizes that there is no other continuing education program for nurses that focuses on the Nursing Process within herbalism.

Our Certified Nurse Herbalist<sup>®</sup> program focuses on the evidenced-based nursing process for holistic patient-centered care, the first step in incorporating herbalism into your practice.

The common thread that unites nurses who work in varied areas is the nursing process.

The nursing process is the essential core of practice for the registered nurse to deliver holistic, patient-focused care, and is a scientific, systematic guide with five sequential steps:

- 1. Assessment
- 2. Diagnosis
- 3. Planning
- 4. Implementation
- 5. Evaluation

Join Us In Revitalizing Nurse Herbalism



#### **NURSE HERBALIST®**

### THE PRACTICE OF NURSE HERBALISM

Learn the history of herbalism in nursing, along with the assessment tools that will guide you towards nurse herbalism, and simple herbal interventions with a review of nursing diagnosis examples to create your nursing care plan with herbal interventions.

#### CATALYST FOR CHANGE

Nurses are recapturing their long-standing heritage in herbal education to be able to make simple herbal recommendations when appropriate, holistically helping patients and lowering health care costs, with potentially fewer side effects than prescription pharmaceuticals.

#### THE CNH® COMMITMENT

The CNH <sup>®</sup> designation is dedicated to the education of herbalism within Nursing.

# We are recognized for excellence, leadership, and impact.





#### NURSE HERBALIST®

**Revitalizing Nurse Herbalism** 



#### Reach Us

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This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Approved to award 3.0 contact hours
AHNA # 1942 - Expiration Date: 08-19-2027

## THE PRACTICE OF NURSE HERBALISM

